

# Veggie & Vegan



## . Small Plates .

Great as Bar Snacks, Starters or to create your own Sharing Board

- Mediterranean Olives** 3.95 VE
- Plantain Tostones** + Mango & Scotch Bonnet Chutney 5.50 VE
- Focaccia** + Roasted Garlic + Oil & Balsamic 4.75 V
- Salt & Pepper Smoked Tofu** + Sriracha 6.00 VE
- Rainbow Veg Bhaji** + Beetroot Raita 6.25 VE
- Padron Peppers** + Smokey Harissa Houmous 5.25 VE
- Heirloom Tomatoes on Toasted Sourdough** + Pink Peppercorn Ricotta 6.50 V
- Bao Bun** *Sticky Plant-Belly* + Raw Slaw + Pickled Ginger + Sriracha 6.00 VE
- Smokey Harissa Houmous** + 'Everything But The Bagel' Seasoning + Flatbread 5.00 VE
- Soup of the Day** (please check with your server) + Bread for Dunking 6.50

## . Lunch Grub .

Served Monday-Saturday 12pm-2.30pm

- Beer Rarebit on Sourdough Toast** + Fried Egg 6.25 V
- Crunchy Fried Banana Blossom** + Waffle Pancake + Fried Egg + Maple 9.00 V
- Brie.L.T Focaccia** 7.50 add chips or Fries 2.50 V
- Cheese Ploughmans;** Cheddar + Stilton + Brie + Golden Beet Piccalilli + Apple + Grapes + Pickled Onion + Bread & Butter 13.50 V

## . Mains .

- Banana Blossom Taco Salad** 15.00 VE
- Crispy Banana Blossom + Crunchy Lettuce + Avocado + Red Cabbage + Chilli Pickled Carrot + Plant Soured Cream + Chimichurri + Coriander + Chilli + Crispy Tortilla Strips

- Rainbow Burger** 13.75 VE
- Rainbow Veg Bhaji + Beetroot Raita + Baby Spinach + Brioche Bun + House Seasoned Fries

- Marmite Mac** 11.00 V
- Marmite Mac & Cheese + Pretzel Crumble

- Plant Belly & Squeak** 16.00 V
- House Plant Belly + Bubble & Squeak Cake + Cider & Grain Mustard Cream + Tenderstem

- Katsu Plant Belly** 13.00 VE
- House Plant Belly + Rice + Katsu Sauce + Pickled Ginger

- Nourish Bowl** 12.50 VE
- Crispy Smoked Tofu + Avocado + Smokey Harissa Houmous + Kimchi + Chilli Pickled Carrot + Toasted Quinoa + Red Cabbage + Tenderstem + Baby Spinach + House Dressing

## . SIDES .

- Market Veggies** 4.00 V
- Heirloom Tomato Salad** 4.25 VE
- Garden Salad** 3.50 VE

- Fries** 4.00 VE
- Chunky Chips** 4.00 VE
- Katsu Fries** 5.00 VE

- Rarebit Mac & Cheese** 5.00 V
- Mashed Potatoes** 4.00 V
- Baby Nourish Bowl** 6.25 VE

WE CATER FOR ALL FOOD ALLERGIES & INTOLERANCES  
PLEASE INFORM YOUR SERVER BEFORE ORDERING